

Spa Suites

Our two SPA Suites, Polaris and Muscida offer luxury in a very private atmosphere for two or more hours.

These offer you a unique private whirlpool, a steam room and a sauna. You can also choose between cosmetic and massage treatments.

We would be delighted to fulfill any of your food and beverage requests.

„Polaris“ for 2 hours 400 CHF
Every additional hour 100 CHF

„Muscida“ for 2 hours 300 CHF
Every additional hour 100 CHF

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by Mario Botta

refreshing,
relaxing &
stimulating

Welcome under the light sails of Mario Botta's spectacular "Tschuggen Bergoase".

You may order your favorite dishes from 12.00 am till 7.00 pm.



Clean Eating

Non-processed ingredients, wholesomely prepared, without using refined sugar, white flour and artificial additions



Vegetarian dishes



Vegan dishes

All prices are in Swiss Francs and the VAT is included.

Regional products

“Tschuggen Birchermüesli”

Homemade specialties are not only a must, it's rather a great way to work and cook with regional products.

Our “Tschuggen Birchermüesli” provides the perfect base for a good start in the day or a small afternoon snack:

organic oatmeal from Grison, yogurt, curd cheese and milk produced by the Sennerei Maran in Arosa, the perfect mix of nuts and dried fruits, make a special highlight of our Swiss specialty.

Our kitchen team assists you concerning questions about allergenic substances.

Declaration of origin

Fish, shellfish & crustaceans: upon request

Beef: CH & URY


Poultry: CH & FRA

Sausage & ham: CH & ITA

We value our environment, therefore animal welfare and sustainable fishery are highly important to us.

SOUPS

CHF

Tom Ka Gai  18
*Coconut milk soup with
poultry stripes and
oyster mushrooms*

Beef Pho 18
*with ginger, cilantro
and noodles*

SALAD

Salad Bowl  18
with leaf salad, tomato, corn

your choice of

*Italian Dressing/ French Dressing
Caesar Dressing/ Vinegar & Oil*

roasted king prawns, 29
bell-pepper, radishes, cucumbers

roasted beef fillet stripes 34
soy sprouts and cilantro

roasted tofu  27
soy sprouts and cilantro


HOT DRINKS

	CHF
Coffee	5.50
Espresso	5.50
Double Espresso	7
Milk coffee	6
Cappuccino	6.50
Latte Macchiato	8
Double Espresso Macchiato	8
Ovomaltine	6
Hot Chocolate	5
<i>Your choice of: White -, Milk -, Dark chocolate</i>	
Tea Selection	8
<i>Exquisite tea in a many different varieties for sheer pleasure – including with the right food.</i>	
Fresh tea	12
<i>ginger, sage, peppermint, lemon</i>	

CLUB SANDWICH

CHF

Club Classic 29
*with chicken breast, egg
Ramati tomatoes, cocktail sauce
and Alpine bacon*

Club Provence  27
*with grilled vegetables, egg,
Ramati tomatoes and basil pesto*

Club Salmon 28
*with Loch Fyne graved salmon,
sprouts, honey-dill sauce,
egg, Ramati tomatoes*

*Our Club Sandwiches are served
with salad and potato chips.*

DRINKS

CHF

Valser Silence	50 cl	8
Valser Classic	50 cl	8
San Pellegrino	50 cl	8
Aqua Panna	50 cl	8
Coca-Cola	33 cl	7
Coca-Cola light	33 cl	7
Coca-Cola zero	33 cl	7
Fanta	33 cl	7
Sprite	33 cl	7
Rivella (<i>red, blue</i>)	33 cl	7
Apple and wild berries juice from Valposchiavo	20 cl	7
Apple spritzer	33 cl	7
Classic Tonic	20 cl	7
Ginger & Lemongrass	20 cl	7
Rosemary	20 cl	7
Chaya Tee Classic	33 cl	7
Chaya Alpentee	33 cl	7
“Bergoasen” iced tea	33 cl	6

Fresh squeezed juices:

Orange juice	20 cl	12
Grapefruit juice	20 cl	12
Lemon juice	20 cl	12
Carrot juice	20 cl	12
Vegetable juice	20 cl	12

*You can also choose the ingredients
by yourself.*

For more information, please ask our spa staff.

SANDWICH

CHF

Italian style

*with tomatoes,
buffalo - mozzarella and
homemade basil pesto*

15

Spanish style

*with Serrano ham and
Manchego cheese*

17

Provence style

*with antipasti vegetables,
lemon-oil and herbs*

18

*Our Sandwiches are served
with salad and potato chips.*

DESSERT

CHF

Choice of fruits and berries *

18

Homemade

Tschuggen Birchermüesli

10

Cake selection

from our dessert trolley

7

Cheese selection

with dried fruits and bread

21

BEER

CHF

Calanda Edelbräu	33 cl	7
Heineken	33 cl	7
Schneider Weisse	50 cl	9

Arosa Sunna	33 cl	9
1800 IPA – Indian Pale	33 cl	9

Non alcoholic

Calanda Senza	33 cl	7
Erdinger	50 cl	9
Neumarkter Lammsbräu	33 cl	7